

**Aeschi 8: Bearing the Struggle: Exploring the Challenges Facing
Clinicians Working with Suicidal Patients**

June 11-13, 2015

Thursday	June 11, 2015 - The Aeschi Spirit
7:00 – 7:40 a.m.	Continental Breakfast
7:40 – 8:00 a.m.	Welcome and Course Introduction <i>J. Michael Bostwick, M.D.</i>
8:00 – 8:40 a.m.	Concepts: The Aeschi Spirit The Aeschi Philosophy <i>David Jobes, Ph.D.</i> Aeschi Principles Put into Practice <i>Konrad Michel, M.D.</i>
8:40 – 9:45 a.m.	Video and Discussion
9:45 – 10:15 a.m.	Break
10:15 – 10:55 a.m.	Traumatic Experience and Suicidality How Trauma and Suicidality Intertwine <i>Marjan Holloway, Ph.D.</i> Warning Signs and Suicidal Crises <i>M. David Rudd, Ph.D.</i>
10:55 – 12:00 p.m.	Audiotape and Discussion
12:00 – 1:15 p.m.	Lunch
1:15– 2:00 p.m.	Keynote Speaker Why Do People Try to Kill Themselves? <i>Matt Nock, Ph.D.</i>
2:00 – 3:30 p.m. <i>Concurrent workshops; choose one to attend.</i>	Workshop Session #1 Clinicians as Survivors: The Impact of Suicide on Mental Health Clinicians <i>Nina J. Gutin, Ph.D.; Doreen S. Marshall, Ph.D.</i> Promoting Suicide Resilience in Group Therapy <i>Michael Groat, Ph.D.</i> Self-destructive Behaviors and Suicide: Clinical and Treatment Implications <i>Lisa Firestone, Ph.D.; Igor Weinberg, Ph.D.</i>
3:30 – 5:30 p.m.	Poster Reception Prevalence of the Communication of Suicidal Intent among Suicide Decedents in the Last Year of Life <i>Tanner J. Bommersbach, B.A.</i> The Influence of the Therapeutic Alliance on Fostering Hope in the Suicidal Individual <i>Michael Groat, Ph.D., M.S.</i> Educating Medical Students on the Assessment and Management of Suicide: A Multi-Instructional Method <i>Michael G. Kavan, Ph.D.</i> Three Year Study of Suicide Prevention Among College Students <i>Deborah Loers, Ph.D.</i> The Suicide Risk Assessment Tool and its use in a hospital setting

**Program schedule subject to change.*

	<p><i>Robert Sitler, Ph.D.</i></p> <p>Patterns of Healthcare Usage in the Year Prior to Suicide: a case-control study <i>Tanner Bommersbach, B.A.</i></p>
5:30 p.m.	Adjourn
Friday	June 12, 2015 = Challenges of Working with Suicidal Patients
7:00 – 7:50 a.m.	Continental Breakfast
7:50 – 8:00 a.m.	Introduction to Day Two <i>J. Michael Bostwick, M.D.</i>
8:00 – 8:40 a.m.	<p>Challenges of Working with Suicidal Patients</p> <p>When the Therapist Dislikes the Patient <i>Alex Sabo, M.D.</i></p> <p>When the Therapist Identifies with the Patient <i>J. Michael Bostwick, M.D.</i></p>
8:40 – 9:45 a.m.	Video and Discussion
9:45 – 10:15 a.m.	Break
10:15 – 12:00 p.m.	<p>Losing a Patient to Suicide</p> <p>When a Trainee's Patient Suicides <i>Christine Moutier, M.D.</i></p> <p>When an Established Therapist's Patient Suicides <i>Brian A. Palmer, M.D.</i></p> <p>Videos and Discussion</p>
12:00 – 1:15 p.m.	Lunch
1:15 – 2:00 p.m.	<p>Keynote Speaker</p> <p>The Suicide Index: Putting My Father's Death in Order <i>Joan Wickersham</i> <i>*No credit offered for this lecture.</i></p>
2:00 – 3:30 p.m. <i>Concurrent workshops; choose one to attend.</i>	<p>Workshop Session #2</p> <p>ASSIP: An Effective Brief Therapy for Patients Who Attempt Suicide – But What Makes It Effective? <i>Anja Gysin-Maillart, Ph.D.; Konrad Michel, M.D.</i></p> <p>Lived Experience and the Clinician <i>Doreen S. Marshall, Ph.D.; Christine Moutier, M.D.</i></p> <p>Group therapy for Veterans Struggling With Suicidality <i>Stacy Hagman, LCSW ; Keith W. Jennings; David Jobes, Ph.D., ABPP; Lora Johnson, Ph.D.; Stephen O'Connor, Ph.D.</i></p>
3:30 – 4:00 p.m.	Break
4:00– 5:30 p.m. <i>Concurrent workshops; choose one to attend.</i>	<p>Workshop Session #3</p> <p>Clues to our Existential Dilemma: Listening to the Narratives of Suicidal Clients <i>Alex Sabo, M.D.; Allison Werner, M.D.</i></p> <p>The Impact of Various Types of Suicide Attempts on the Therapist <i>Mark Goldblatt, M.D.; Elsa Ronningstam, Ph.D.</i></p> <p>Suicidal Behaviors in Borderline Personality Disorder: Assessment and Treatment Principles <i>Igor Weinberg, Ph.D.</i></p>
5:30 p.m.	Adjourn

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Saturday	June 13, 2015 Bearing the Struggle and Keeping Hope Alive
7:00 – 7:50 a.m.	Continental Breakfast
7:50 – 8:00 a.m.	Introduction to Day Three <i>J. Michael Bostwick, M.D.</i>
8:00 – 9:00 a.m.	Applying What We Know Tools for Meeting and Assessing the Suicidal Patient <i>David Jobes, Ph.D.</i> Brief Intervention: The Teachable Moment <i>Stephen O'Connor, Ph.D.</i> Suicidal Ambivalence and the Internal Struggle Hypothesis <i>Greg Brown, Ph.D.</i>
9:00 – 10:15 a.m.	Video and Discussion
10:15 – 10:30 a.m.	Break
10:30 – 12:00 p.m.	Bearing the Struggle and Keeping Hope Alive: Reflections of Faculty and Conference Participants
12:00 p.m.	Adjourn

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